

INTERNATIONAL RENAL DIETITIANS
NEWS LETTER

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International Society of Renal Nutrition and Metabolism (ISRNM)

• **Membership.**

Renal Dietitians are invited to become associate members of the ISRNM. The Annual Subscription rate is US Dollars 100.- and includes the Journal of Renal Nutrition, THE Journal for renal dietitians, physicians and renal scientists, now published bi-monthly from 2007.

The ISRNM application form can be downloaded from the ISRNM Website:
www.renalnutrition.com

Information about membership can also be obtained by writing to the ISRNM secretary/treasurer's office email: **renalnutrition@gmail.com**

You can also become a special member of **the National Kidney Foundation, Council on Renal Nutrition (CRN)** for an additional US Dollars 15.- and receive all the benefits of the NKF/CRN including "Renal Link", the NKF's Professional Councils Quarterly Newsletter and other useful information like the publication: "Renal Dietitian's Standards" and Pocket Guide with guidelines for nutritional management of patients with Chronic Kidney Disease. See also: **www.kidney.org** and follow the link "professionals".

Please send your completed application form to:

The National Kidney Foundation
Membership Services Department
Attention Deshawn Johnson
GPO 5456
New York, NY 10087-5456
Fax: + 1 212 689 9261
EMAIL: **deshawnj@kidney.org**

Website Journal of Renal Nutrition: **www.jrnjournal.org**

The 13th Congress was held in Merida, Yucatan, Mexico in 2006, from 28 February - 4 March.

The Pre Congress Workshop was held on 28 February. The Congress was attended by 550 renal physicians, scientists including 150 dietitians from all over the world. Several dietitians were invited as guest speakers at the main congress and the 2 free communications and poster sessions. Selected presentations of this Congress were published in the Journal of Renal Nutrition in January 2007.

The 14th International Congress on Nutrition and Metabolism in Renal Disease will be held in Marseilles, France from 11-14 June 2008

For further information please visit the website **www.isrnm-marseilles2008.org**

The International Federation of Kidney Foundations (IFKF):(www.ifkf.net)

The 8th Annual Conference was held in Curitiba, Brazil, from 16-19 April 2007. Once again a Seminar for the Multidisciplinary Renal Healthcare Professionals was organised during this Conference. In addition to speakers from Brazil Pro-Renal and Pro-Rim Kidney Foundations from Southern Brazil, IFKF education committee Mrs Geraldine Biddle, RN and Marianne Vennegoor, RD, also contributed.

The IFKF aims to provide support in setting up Kidney Foundations in developing countries to help prevent chronic kidney disease, delay progression and educate kidney patients to understand their kidney disease better.

There are now 62 Kidney Foundations from 42 countries that have become members of the IFKF and several committees are set up to take Patient Education, Prevention and Treatment and Advocacy further.

The Education Committee is multidisciplinary and includes a dietitian, nurse and social worker, renal physician and a web site manager. The Inventory of educational materials (pdf file) published by several Kidney Foundations is updated regularly and available on the above website (www.ifkf.net). The website link is also a useful resource of global information for professionals and patients also translated in several languages.

Although many of the Kidney Foundations have existed for 20-40 years or more and already contribute to patient education in a major way, other countries have very little or no access to resources.

For any one who is involved with the nutritional care of Asian renal patients you may like to know about an excellent renal cookbook edited by Dr Vidya Acharya and Dr Swati Piramai from the Kidney Foundation of India.

The title is: Diet and Nutrition Guide for Patients with Renal Disease and Related Disorders. The authors are : Dr Swati Piramal and Dr V.N.Acharya.

You will be able to obtain information about purchasing this book by contacting: Bhalani Medical Book House, 11 Mavawala Building, Opp KEM Hospital, Parel, Mumbai 400012, India. Email: bhalani@vsnl.com

Telephone: + 91 22 2413 7650 or 2417 1660 or Fax: +91 22 2413 8041

Cost US \$ 29.95 plus US \$ 8.00 for airmail despatch.

Annual World Kidney Day (www.worldkidneyday.org)

The IFKF and the International Society of Nephrology (ISN) jointly organise the Annual World Kidney Day.

From 9th March 2006 onwards, the Annual World Kidney Day has been held on the 2nd Thursday of March of each year. See above website for past and future activities.

The American Dietetic Association-Renal Practice (ADA-RPG) group

Publications:

- 1 "Guidelines for the Nutritional Care of Renal Patients", 3rd edition (2001) and
2. "Renal Care: Resources and Practical Applications" (2003).

Website: http://www.eatright.org/Public/ProductCatalog/104_20724.cfm see Renal Nutrition Package.

There are several ways to purchase these publications:

1. **by fax** +1 312 899 4899 for credit card or company purchase order information with authorised signature needed

2. **by obtaining the order form** in the ADA Catalogue, contact website:
www.eatright.org/catalog/

3. **by phone** +1 800 877 1600, extension 5000 (credit card only)

4. **By writing to:**

ADA Customer Service, 120 S. Riverside Plaza, Suite 2000

Chicago, Ill, 60606, USA, Fax: +1 312 899 4899

Email: www.eatright.org

The website of the ADA-Renal Practice Group is www.renalnutrition.org

- **The KDOQI Best Practice Guidelines for Nutritional Care of Patients with Chronic Kidney Disease** were published in 2000.

Other new guidelines have been published since:

- Clinical Practice Guidelines for Managing Dislipidemias in Chronic Kidney Disease (2003)
- Clinical Practice Guidelines on Bone Metabolism and Disease in Chronic Kidney Disease (October 2003)
- Clinical Practice Guidelines for Blood Pressure Management (2004) and Cardiovascular Disease in Dialysis Patients (2005)
- **NEW:** Clinical Practice Guidelines for treatment of Diabetic Kidney Disease (DKD) published in February 2007

For further information and updates please access the NKF USA

website: www.kdoqi.org . For the Catalog containing educational publications

please see website: www.nkfks.org .

All guidelines are published in the American Journal of Kidney Diseases please

see website: www.ajkd.org

Also see the publication by Judith A Beto PhD, FADA and Vinod K. Bansal MD entitled Medical Nutrition Therapy in Chronic Kidney Failure: Integrating Clinical Practice Guidelines in the Journal of the American Dietetic Association, March 2004, Vol 104, number 3, pp 404-409

NEW: European Renal Association- European Dialysis and Transplant Association (ERA-EDTA : Guidelines for Haemodialysis Patients.

The European Best Practice Guidelines for Haemodialysis are published in NDT, Nephrology, Dialysis, Transplantation, Volume 22, Supplement 2, May 2007.

The guidelines include recommendations for nutritional management.

ISSN 0931-0509. Website. www.era-edta.org/guidelines.htm

- **The European Dialysis and Transplant Nurses Association-Renal Care Association (EDTNA-ERCA)** have published their guidelines on the Internet, and in their Journal, Summer 2003 edition. Website www.edtna-erca.org.

- **The CARI Guidelines (Caring for Australians and New Zealanders with Renal Impairment)** are available on the website www.cari.org.au

- **Kidney Disease Improving Global Outcomes (KDIGO)**

The website lists guidelines and comparisons on treatment of patients with Chronic Kidney Disease: www.kdigo.org

- **World Action On Salt and Health (WASH) :**
www.worldactiononsalt.com Email: wash@sgul.ac.uk

- **The International Confederation of Dietetic Association.**

Please visit the ICDA website for more information about this organisation. The discussion forum including a renal forum, the ICDA News Letter “Dietetics Around the World” and other information are found on : www.internationaldietetics.org

NB There are no restrictions to membership, this means that any dietitian from any country can apply and access the website. The discussion and renal forum will therefore be an excellent opportunity to network across the globe and help you to get your questions answered.

Next year’s Congress will be held in Yokohama, Japan:

www.dietitians.or.jp/icd2008

USEFULL WEBSITES:

NEW: Seize Chronic Kidney Disease (for dietitians, nurses, social workers and technicians: www.seizeCKD.org and www.atoz.org for patient’s information.

European Food Information Council: www.eufic.org

NEW: IFKF Website www.ifkf.net see under website links for useful information for professionals and patients

PUBLICATIONS:

NEW: **Nutrition and Kidney Disease: A New Era** (Authors from Japan)
www.karger.com

- **Books for professionals and renal patients** (United Kingdom)
www.class.co.uk/books-kidneys-57
- **Nutricion Clinica en Insuficiencia Renal Cronica y Transplante Renal.**
Edited by Dr A. Trevino Beccera and published by Editorial Prado Mexico DF in 2006. This book is written in Spanish. ISBN 968- 6899- 91- X.
- **The European Best Practice Guidelines for Peritoneal Dialysis (including Nutrition) (ERA-EDTA)** were published in Nephrology Dialysis Transplantation, Volume 20 (December 2005) Supplement 9.
- **Vitamin Metabolism and Requirements in Renal Disease and Renal Failure.**
In Nutritional Management of Renal Disease ; Kopple JD and Massry SG, editors, 2nd edition, 2004. Lipincott Williams and Wilkins, Philadelphia, USA.

- **Management of the Renal Patient: Clinical Algorithms on Nutritional Status and its Relationship to Inflammation** has been published by Pabst Science Publishers and supported by Fresenius Medical Care. This publication and other publications in the “Good Nephrological Practice” are available free of charge from Fresenius Medical Care, Medicine and Marketing, Else Kroner Strasse 1, D-61346 Bad Homburg, Germany. Obtain order form by contacting FMC-AG by email: med.sci@fmc-ag.de and access their website: www.fmc-ag.com
- **Renal Nursing 2nd edition (2002), published by Elsevier/ Harcourt Sciences,** ISBN 0 7020 2642 5. This book suitable for all renal Health Care Professionals including dietitians, can be obtained from the Elsevier Science Website: www.elsevierhealth.com, click on search and type in renal nursing and relevant information follows. The 3rd edition will be published in 2007.
- **Management of Diabetic Nephropathy, edited by Boner and Cooper.** This book has now been published by Martin Dunitz Ltd United Kingdom in 2003, ISBN 1 84184 076 9 and includes comprehensive information on the dietary aspects of Diabetic Nephropathy based on current guidelines. Visit the Website www.dunitz.co.uk and look under new titles.
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Distributed in the rest of the world: Thomson Publishing Services, Cheriton House, North Way, Andover, Hampshire, SP10 5BE, UK Email: salesorder.tandf@thomsonpublishingservices.co.uk
- **Advances in Renal Replacement Therapy, Volume 10, Number 3: July 2003**
“Symposium on Renal Nutrition” Guest Editor: Joel D. Kopple MD
See website: www.arrtjournal.org

 - **A Practical Guide to Renal Dietetics. Updated September 2004**
This Guide was edited by Gillian Simpson RD, Specialist Renal Dietitian of the Renal Nutrition Group of the British Dietetic Association and contains Protein and Potassium Exchange lists and other dietary information for Renal Patients. This Guide is available in CD Rom format and costs £26.- (Pound Sterling) including postage and packing.
Please contact: Mrs Yvonne Bradburn, Department of Nutrition and Dietetics, Birmingham Heartlands Hospital, Bordesley Green East, Birmingham, B9 5SS, UK.
Email: Yvonne.bradburn@heartofengland.nhs.uk
 - **A Food Phosphate Guide for Kidney Patients:**
Edited by Winnie Chee Siew Swee PhD, RD and Tilakavati Karupaiah APD, RD
Department of Nutrition and Dietetics, Faculty of Allied Health Sciences,

University of Kebangsaan, Kuala Lumpur, Malaysia. For a copy please contact Leo Pharmaceutical Products, Malaysian Office, c/o Diethelm(M) Sdu.Bhd, 74 Jalan University, 46200 Petaling Jaja, Selangor, Malaysia. Fax: + 60 7957 6599 and email: leomh@tm.net.my

CONFERENCES AND MEETINGS OF INTEREST TO DIETITIANS WORKING WITH KIDNEY PATIENTS

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CONFERENCES IN 2008

April:

- The National Kidney Foundation Spring Clinical Meetings will be held from April 2-6 2008 in Dallas, Texas, USA. Website: www.kidney.org

May:

- The 9th Annual Meeting of the International Federation of Kidney Foundations will be held from 6-9 May in Mainz, Germany (www.ifkf.net)
- The 65th ERA-EDTA Congress will be held in Stockholm, Sweden from 10-13 May. Website: www.eraedta2008.org.

June:

- The 14th International Congress on Nutrition and Metabolism in Renal Disease will be held in Marseilles, France. Website: www.isrnm-marseilles2008.org
- The 12th International Congress of Peritoneal Dialysis (ISPD) Will be held in Istanbul, Turkey from 21-24 June 2008
Website: www.ispd2008.org

September:

- The 37th Conference of the EDTNA-ERCA will be held in Prague, Czech Republic from 6-9 (www.edtna-erca.org)
- The International Congress of Dietetics will be held in Yokohama, Japan from 8-11 September. Website: www.dietitian.or.jp/icd2008

CONFERENCES IN 2009:

April:

May The 66th ERA-EDTA Congress will be held in Milan, Italy from 22-26 May.

Newsletter Editor:

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